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WHAT'S HAPPENING IN HEAVEN?!

Wisdom of the Masters of the Universe

Ever wondered where that amazing pearl of wisdom came from that you just inadvertently uttered – that even you were surprised? Would you like to experience more of this wisdom rising up from within you? as if you could ‘plug into it’ whenever necessary, confident that it is always there? This is possible, and will become more probable as we move forward into the new consciousness.

We have all been inspired like this, like someone came to us and whispered this wisdom into our inner ear, it often happens when we have been struggling with an issue, and can't find an answer, and then we give up, let go, surrender - this is the process I call spiritual willingness. We have to put in, we have tried 100%, when we have exhausted our options, we give up, surrender, which makes space for the higher to come in – the answer or the wisdom drops in from your Higher Self or from one of the higher spiritual beings. We call these higher spiritual beings the Ascended Masters and the angels. Sometimes we try too hard, we are too determined, stubborn even, and so we never surrender, so the spiritual beings cannot help us; or we do not try at all, and again the spirit cannot move because we have not been willing to give it a go.

Who are the Ascended Masters?

The Ascended Masters are highly evolved beings who have lived on earth in a physical, human body. Through many lifetimes of learning and several levels of initiation, they have reached purity and bliss and have ascended into another dimension of existence. There are many Ascended Masters working closely with humanity now. They have the greatest love for us, and deep compassion and understanding for humanity.

The Ascended Masters bring different energies to humanity and the earth, but can also help us in very personal ways. For example, working with Lord Buddha will help to develop compassion and forgiveness, and opens the heart; while working with Lady Portia will bring harmony, inner equilibrium, and a sense of female power- Lady Portia is particularly relevant for woman in the 21st century.

The more conscious we become and the more aware we are of these beings... the more we can consciously access them. This gives us the opportunity to connect, create, and learn with them.

‘Masters of the Universe’ includes Ascended Masters, the angelic hierarchy and other light beings. The difference between these spiritual beings is energetic; the Masters, angels and light beings come from and express different streams of divine light. They are

all pure love beings. No one is any better than any other. Generally speaking, but not always, Ascended Masters have experienced life on earth in a physical body, in other words they have lived as a human like you and I – it is through this journeying that they have reached purity, bliss and have ascended. Through their example they not only encourage us but show us the way to ascension. The angelic realm, including archangels, have generally not incarnated into a physical human body, and so have not experienced life on earth. For example, Ascended Master Lord Kuthumi has incarnated many times – he was St Francis of Assisi, and the philosopher and mathematician Pythagoras – now from the spiritual realm Lord Kuthumi is instrumental in helping us accept and enjoy our life on earth; whereas Archangel Michael has not incarnated into the flesh, he is the chief amongst the Archangels at the moment, and is our great protector, and demands that we trust ourselves, cut from the old and no longer useful, and bring in the new energies. Light Beings may have walked upon the earth, and tend to be beings from other star systems, or dimensions.

The Masters of the Universe want us to connect with them more consciously; they are calling us, we need to respond, in responding we open the way for communication and real teamwork to begin. They are real and dynamic beings with powerful ways of helping us here on the Earth plane. Although they exist in a different dimension, the Ascended Masters have the greatest understanding for how it is to be in a physical body in time and space, they are the ones that can come very close to us in our conscious awareness, and it is as if they become our ‘friends.’

We all have our own divine spark within us, but like all children who are learning we cannot do it all ourselves, we have to know when to do it ourselves, and when to surrender to a higher force, and ask for help and be guided. Every level of the spiritual hierarchy has guidance. It is very important to understand that they will not do it for you, because if we were carried all the time we never learn to walk, but they will guide us – we still have to do it or become it.

If we want to connect more fully with the Masters, bringing their energy closer to us, then there are some simple things we can do to open to them. Each Master or angel works through a particular vibration that resonates with their divine energy, in bringing the expression of this vibration more fully into our life, particularly having it within our own energy field (aura), will bring us more in harmony with that Master – its like it creates a mini vortex in your aura through which this spiritual being can connect more fully with us.

Let yourself be drawn to a particular Master, simply by letting a name come into your mind, and then:

- Meditate, ponder, visualize, or simply call on the Master – I suggest you ask to have an experience of one of the Ascended Masters – and see what happens!
- Use the Master’s particular colour – ask what it is.
- Work with the chakra that he/she works through, clearing and harmonizing that chakra within you – let the Master move your hand or mind to the relevant chakra.

- Visualize, draw, or paint the Master's symbol. Again ask for the symbol to be given to you.
- Place the particular gemstone or crystal in your aura - it will act like a bridge from the Master to you.
- TRUST that which you receive!

Below I have given an example of what you would do if you wanted to connect more consciously with the energies of Archangel Michael:

Archangel Michael works through the **colour** and vibration of brilliant sky blue, so wearing this colour or visualising yourself sitting in a sky-blue light, or having that colour in your environment, helps you, helps your aura, to open more fully to the energy of the Michael. Also, defocusing your eyes and getting lost in the blue of the sky will call Michael's energy to you, opening you to a sense of boundlessness.

The **chakra** that he mainly works through is the throat chakra. To stimulate this area, put your energy, your awareness into the centre of your throat area, and breathe into that area; you may feel it pulse or tingle in some way. Just being aware of it, and breathing into it energizes and balance the chakra. The finer and more pure the vibration of your throat chakra the more Archangel Michael can be with you and 'speak through you.'

Michael's **symbol** is a blue flaming sword. To work with it, you can visualise this, or draw it; also defocus your eyes and meditate or merge with the picture of Michael's symbol. He works in and through the symbol; his energies shine through the symbol and touch your soul.

When working with Archangel Michael, the **gemstone** that you can wear, or have about you in your energy field, is the blue sapphire, (or any blue stone).

You can simply invite him in, and ask him to come close to you, particularly before sleep, or meditation.

Even though we may not be conscious of it, many of us are connected to at least one of the Masters of the Universe, either we are learning under them, or we are working with them on a particular task. Often we have incarnated with them at some stage, or have had a strong ongoing connection with them in the spiritual realms. Generally, whichever Master you are attracted too or drawn towards your soul will have a connection too.

A message from the Masters: *Give peace a chance; give love a chance; give joy a chance. The origin of humankind is not fear it is divine – when you understand that you will be fortunate. We, the Divine, yearn for you as you yearn for us. We have journeyed far together, let not a mere temptation bring you from the Light. The truth lives within you; as you – we are waiting for you. We are with you.*

Many of us are bored, which may bring on many ailments, or a sense of divine discontent, or restlessness, frustration, a sense of marking time. We are waiting for the call – we have been waiting and preparing for this calling for a very long time, many incarnations. In our soul memory a distant voice nudges us, we know its time, time to respond, time to make our vision for humanity and for ourselves a living truth. The Ascended Masters call us to this, we have already agreed eons ago, the only thing left is our ability to be ourselves, our soul self. Trust and know that the beloved Masters support us in this.

*Claire East is a seer, teacher and writer
In Melbourne.*